

# SUMMER 2018 Happenings

## Community Living Oakville



### 100 Women Who Care

On Thursday June 14, 2018, representatives of 100 Women Who Care presented Community Living Oakville with a cheque in the amount of \$11,300.00. The women took a tour of our service areas and met many people we support.

Pictures were taken in Sutton garden where people took advantage of the opportunity to thank the members of 100 Women Who Care for their

generous donation and the wonderful opportunities that will be made possible through their support.

100 Women Who Care members meet quarterly and have the opportunity to nominate a charity where they feel their collective donation would make a difference. Three charity names are drawn at each meeting and the person who put forward each nomination is asked to present to the group about the organization. Robin C. Danes

nominated and presented Community Living Oakville. As the result of a vote of the members, Community Living Oakville was declared the successful recipient!

Our sincere thanks to Robin and 100 Women Who Care. It was a pleasure to meet some of you, and we look forward to attending your meeting to tell you about the impact of your generosity.



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We are pleased to share some news from Community Living Oakville in this edition of Happenings.

The past several months have been busy for our organization, and sector as a whole. We are pleased to have rejoined Community Living Ontario and look forward to supporting their continued work in building awareness, and providing advocacy to strengthen the voices of people and their families. This provincial organization has clear strategic goals and represents its' member agencies in influencing government policy and advocating for important components of quality of life and healthy communities such as inclusive education and employment. Community Living Ontario supports agencies in staying the course and remaining true to our shared values and beliefs that empower people who have a developmental disability and their families, even in the most challenging of times.

We are currently working to build increased capacity for adults who have graduated from the educational system or are looking for day services. A process is underway to consult with stakeholders and identify how our day service options might be improved, broadened and expanded to best support the over 300 people who currently use our services, as well as identify solutions for continued growth. We recognize that the absence of meaningful daily pursuits creates pressure for families.

## A MESSAGE FROM *Janet*

We are pleased to be working with The Community Oak Park. Through a Ministry of Community and Social Services Employment and Modernization Fund grant, we are excited to work together in assisting five to eight people to have a home of their own, in their community. The Oak Park Neighbourhood Centre will also collaborate to continue the successful history of real community building through inclusive social, educational and recreational opportunities.

We thank Ontario Agencies Supporting Individuals with Special Needs (OASIS) for a comprehensive campaign regarding the lack of funding for the developmental services sector which resulted in a small, but welcome base funding increase which helps us to manage inflationary costs that have grown over the past nine years where no increases were received. We also thank the Ministry of Community and Social Services for engaging in the many conversations that have taken place, and we will continue to work together to accurately identify the resultant costs of the new Bill 148.

We hope you enjoy reading about some additional things that have been happening here at Community Living Oakville.

Yours very truly,

Janet Lorimer  
Executive Director

SUMMER|2018  
*Happenings*

# happenings PROUD SPONSORS

Best Pack, incorporated in 1984, is owned and operated by Community Living Oakville. Best Pack is a provider of customized, flexible, high quality co-packing services with a reputation for completing projects on time and on budget. The labour force and processes are ideally suited to jobs that require significant attention to detail and a “hands-on” approach. In a recent survey, 100% of respondents said they would recommend Best Pack. Best Pack operates out of a 30,000 square foot facility fully equipped and staffed to handle the co-packaging needs of small businesses and large corporations.

Notable customers are:

- Ford Motor Company
- Newell Rubbermaid
- Sanford
- Canadian Hospital Specialties
- University of Guelph
- Levelor and many more

Best Pack is more than a co-packaging service provider. It is a social enterprise that supports Community Living Oakville’s effort to provide quality services and support to people who have a developmental disability as well as to provide employment opportunities for people so they can live active, rewarding and fulfilling lives.

### Kitting Assembly

The many capable hands at Best Pack can make short work on large collation runs and can also assist with sourcing of the appropriate packaging.

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# RAISE YOUR VOICE COUNCIL

The Raise Your Voice Council continues to eagerly organise learning, social and recreational opportunities open to all.

In September 2017, elections were held for the majority of positions on the Council. The Council was excited to welcome 7 new members and Jan MacDonald as the Chair. Each of the positions is for a 2-year period and gives the incumbent a chance to gain skills in organization, self-advocacy, and to have fun too.

Approximately 180 people attended the extremely popular Halloween Celebration on the 27th of October, 2017. Thanks go to the students of the University of Toronto Mississauga Sociology and Criminology Society for volunteering and decorating the spooky graveyard.

On December 7th, the Council kicked off the holiday season. Celebrations continued December 19th at the annual movie and pizza evening at Film.Ca.

The 2018 New Year Schedule of Events commenced in January, with a Mediterranean inspired menu that was prepared and cooked by chef enthusiasts at the Loft, Longo. Unfortunately, due to the threat of a winter snow storm the Valentine dance was rescheduled to March 9th. This was then combined into the

unique Valentine and St Patrick's Day Dance where guests wore red and green.

Since last summer, members of the Council have been working hard with other self advocates from Community Living Burlington, Community Living North Halton and Central West Specialised Services to organize the second COVE Conference. The theme of The Spring Fever Conference, scheduled for April 14th, was New Beginnings. Unfortunately, this opportunity was also affected by the winter weather and has now been rescheduled to September 8th.

Finally, on May 5th, Get To Know Us: Community Living Oakville's Open House was held on a beautiful spring day. Jan MacDonald was Master of Ceremonies and welcomed the many guests. Guests included those who are old friends of the organization, in addition to new families. A sneak peek presentation was given by the Take Flight Theatre Group of its new production, followed by supportive speeches from Janet Lorimer and MPP Kevin Flynn. Guests were kept busy with making decorative buttons courtesy of Oakville Galleries, yoga, henna art, visiting the many information tables manned by our community partners, and St Johns Ambulance Therapy Dogs. Trays of tasty appetizers made by the Culinary

Arts Group, and refreshments purchased from the Raise Your Voice Council Bake Sale were enjoyed by all.

The above opportunities would not have been possible without the one-year grant from the Oakville Community Foundation. The Council wishes to thank June and Ian Cockwell, Amarna, and Peter and Petrina Nesbitt of the Petrus Fund for their generosity and interest in funding a project that promotes inclusion and has a powerful impact on the lives of so many.

Want to join in the fun? Save these dates:

- Saturday September 8th 12:30 pm to 10 pm– Rescheduled COVE Conference and Dance: Spring Fever in September . Please note that previously issued tickets will be used for admittance. Dance tickets can be purchased on line at [www.cove-springfever.eventbrite.ca](http://www.cove-springfever.eventbrite.ca)
- Friday November 2nd 7pm to 10 pm- Halloween Party at O.E Banquet Hall, Speers Rd Oakville.
- December – Annual movie and pizza night at Film.Ca.

For more information email Stephanie Butcher ( [Stephanie.butcher@oakcl.org](mailto:Stephanie.butcher@oakcl.org)) or check out the Facebook page [www.facebook.com/raiseyourvoicecouncil/](http://www.facebook.com/raiseyourvoicecouncil/)



# Kaitlin giving back to her community for 15 years

Without the amazing hearts of our volunteers, their generosity and skills beyond compare, our community would be less connected and less beautiful. These amazing people spread joy and compassion and need to be recognized for their amazing volunteer experience.

Kaitlin Nesbitt began her volunteer career as a greeter on the second floor on the Legacy site at the Oakville Trafalgar Memorial hospital where she also did a fair amount of charting. When the new hospital opened she moved to the role of transporter. Kaitlin's desire to make a difference, her friendly nature and positive demeanor as well as the many wonderful skills gained as a result of her long term volunteer contribution made her a perfect fit for the welcome team at the hospital. In addition she extends her support and many dedicated hours to the

outpatient rehabilitation unit and as of recently engaged in a role of a HELPP Lottery volunteer.

On June 18th, at the AGM and luncheon of the Oakville Hospital Volunteer Association Kaitlin proudly

accepted her 15 year pin. Kaitlin believes that customer services paired with a desire to make a difference is the key to being a great volunteer. She adheres to the principle that everyone deserves a chance to be heard.



## What a Move!

If you don't already know me, I'm Michael Lessels.

I have been involved with Community Living Oakville almost my entire life! Over the years I have met so many wonderful people and made some lifelong friends.

Recently I moved out of my family home. This is something that I have looked forward to for a long time now.

I have 4 great roommates that I share a home with and let me tell you, WHAT A PARTY!

My life has changed so much and I wouldn't trade it for the world.

Who knew living without parents would be so much fun?

I have recently learned what independence feels like, and it is AMAZING!

I have my own room personalized to my taste.

They say leaving home can be a difficult transition. For me I was too excited to even worry.

I get to see my dad whenever I want which is very important to me. I love knowing that he is included and welcomed by my roommates.

# Greg is lovin' it!

*Greg Kozak is a successful graduate of the Job Smart program, and is now proudly providing service with a smile at the 227 Cross Avenue McDonald's.*



Greg Kozak is a successful graduate of the Job Smart program, and is now proudly providing service with a smile at the 227 Cross Avenue McDonald's.

During Greg's first interview at McDonald's, his humor and magnetic personality shone through. The second interview and job trials were challenging but Greg stayed motivated and was hired.

During the in-class portion of the Job Smart program, Greg learned the importance of having a positive attitude, professionalism, workplace safety and problem-solving. With the guidance of his Job Smart teacher Ali Ibrahim, Greg continued on to the job trial portion of the program at Tim Horton's. There he experienced working as a team, working with customers and gained skills in the convenience food industry.

Greg applies the valuable skills he learned in Job Smart to his current position. Customers have commented about Greg being a "great worker" and "very friendly". On February 8th he was awarded his first Guest Compliment Pin for providing exceptional customer service. Manager Mona, says Greg is doing very well and offers to help his co-workers if needed – especially when the Fry Hopper (french fry dispenser) needs to be replenished. Greg is diligently working toward saving for a vacation to Las Vegas.



After 8 weeks of job trials at Tim Horton's, Ali determined that Greg was competitively employable and would be a beneficial employee. Ali referred Greg to Community Living Oakville's Employment Services. With support from Job Placement Coordinator Liezl Jonathan, Greg updated his resume, practiced his interview skills and began to explore employment opportunities.

Thanks to the Trillium Foundation, Job Smart and Employment Services, Greg says he is lovin' his job, the staff and above all "the nuggets and coffee at the end of the shift"!



## Mother's Day Tea

On Friday May 11th mothers were invited to relax and enjoy a mother's day tea held in our cafeteria. All mothers and guests were treated to an assortment of teas along with a variety of traditional teas sandwiches made by our very own Culinary Arts group. Food was served on elegant three tiered plates along

with a selection of desserts, while tea was enjoyed from beautifully designed antique tea cups. Violet lined tables, along with elegant music allowed mothers and guests to relax and enjoy themselves. Community Living Oakville would like to thank the Sorority Ladies of Oakville for their volunteerism at this special event, as well as Linda Ryan for sharing her love of tea and collection of tea ware.



# Quality of Life and Pre-Employment Projects

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On December 8, 2017 Community Living Oakville and Central West Specialized Developmental Services held a recognition event to launch the Quality of Life Project and to celebrate the success of the Pre-employment project with the support of community partners.

With over 80 people in attendance the event was an opportunity to thank the Ontario Trillium Foundation for their support of the Pre-employment project as well as the Quality of Life Project funding through their grant making activity.

The Pre-employment project called Job Path has trained over 50 people to obtain skills necessary to gain and maintain competitive employment. As a result over 40 people have already found a job of choice and

many are well on their way to becoming employed.

Although we strive to provide exemplary supports, we often lack the ability to monitor the impact on people's lives, assess areas where improvement is needed, and implement best practices with proven results. CQL Accreditation as part of the Quality of Life Project will provide our agencies with a framework for enhancing the supports that are provided, and in turn, the quality of life for people receiving those supports. In human services, it is critical to discover what really matters to the people we support, and then collect and analyze that information to help people achieve their individually-defined outcomes. However, that entire process is dependent upon the accuracy of Personal

Outcome Measures® interviews, the conclusions we come to, and the Personal Outcome Measures® training that we provide staff. This tool was very much needed for moving our agency to the next level. Jennifer Dance received a certification to become a reliable interviewer and as a result will conduct 30 interviews per year, so that we can ensure the validity and reliability of how we utilize Personal Outcome Measures.



*Thank you Ontario Trillium Foundation for enhancing the quality of life for people who have a developmental disability.*



## CHRIS' STORY

Chris' story is one of hard work, growth and perseverance. Several years ago, Chris joined the ODSP Employment Support Program with Community Living Oakville, having been assessed as someone with valuable working skills. Chris was quickly able to secure a working position in retail, but after a few difficult months at work

he was required to leave his job with recommendations of skills he needed to build on.

This spring, Chris came back to the Employment Services at Community Living Oakville expressing that he felt ready to get a job. When asked by the Job Placement Coordinator Tracy Morrow what would be different for him this time about getting a job, Chris explained how he had followed the recommendations of his previous learning experiences. He had developed skills that were needed to be an effective staff member and was excited and ready to work hard to get and keep a job. Tracey Morrow re-assessed his skills and determined that he had the motivation and

skills needed to be competitively employed.

In March he was interviewed for a position at Tim Horton's by Annette, the store manager. Chris was hired for the position. In his role Chris is responsible for unloading the shipment of product, stocking the freezer and maintaining the stock room. Annette has been a very supportive Manager throughout his last few months at work, and has reported being pleased with his progress to date. Chris is thrilled to be part of the Tim Horton's team.

Chris' story is one that shows how knowing when you are ready, paired with determination and hard work, is a recipe for true success!



## Remembering Ridol

January 19th 1936 - December 1st 2017

Ridol made the transition in December and it is still as though he never left. He was no stranger to struggle – life did not discriminate and delivered to Ridol the same challenges it does to everyone. We did not see any personal friends or family come by and that's just the way Ridol seemed to want it. He never complained or said different.

He was a determined gentleman and anyone who knew him understood it was easier to bend steel with your teeth than get Ridol engaged in something he did not want to do. 'No' meant 'no' – even nope meant 'no' and not 'maybe'. If bending his will was part of Special Forces recruit training – there would be no new graduates. Yet strong as his will was he left us with

an incredibly gentle reminder about the fragility of life. Everyone I spoke to after his passing remembered a consistent message – call the ones you love. Many years ago I supported Ridol and he would always ask about my father – 'how's he doing'? And in a busy moment if I answered too quickly Ridol would gently and firmly place his hand on my shoulder – look me in the eye and repeat: 'Josie... how's your dad'? (he never learned my name or cared to say it the way everyone else did and that mattered little – see reference to changing his opinion above).

I would have to stop what I was doing – focus and give him a sincere answer. For a gentleman who did not seem to have many friends outside of his immediate support circle or family, he placed a substantial value on interpersonal bonds. He would ask Desiree how her children were. And though he never met Melany's mother – would always remind her – 'call your mom'. He knew Raymond's friends and would ask about them and how they were doing and of course reminded him... 'call them'.

In our age of electronic communication and overwhelming choice – Ridol reminded us of the basics. Be kind to one another – remember – cherish friends and family. He never used the wonderful wireless technology that changed our lives but through his love of Elvis he motivated almost all staff – Asif, Raymond, Lance ... Melany – to use their phones to the very best of their abilities. They all learned how to access and stream Elvis music – for his sole personal enjoyment and delight.

As Ridol continues his journey into the next part of life we remember his message lived through his life –

1. Don't become so busy or preoccupied you forget to take genuine interest in family and those dear to you.
2. Don't take anyone for granted.
3. Complicated cellphone plans are totally unnecessary – as long as you have people around you who care enough to share theirs with you.
4. Call your mother.



# PLEASE DON'T STOP THE MUSIC

*"Music expresses that which cannot be said and on which it is impossible to be silent" -Victor Hugo*

## Take Note!!

- with Lou Balogh

It has been said that music is the universal language, even if you don't understand the language you're singing in, you still know good music when you hear it.

Lou Balogh's passion for music stems from the theater- especially the Opera. It takes a true appreciation of an opera to sit through an entire Robert Wagner performance, but Lou will, passing up the opportunity to take a break during intermission; he patiently waits for the next act. This isn't new for him; being born into a family with the same passion for theater, Lou will quite often accompany them to the newest performance. With his deep appreciation of the arts, Lou breathes a natural sense of rhythm and with his artistic flair being unlocked by the skills and talents of Ryan Switzer (from Massive Tank Studios here in Oakville) Lou is able

to showcase these talents through his drumming.

The decision to learn a new skill came later for Lou and gave life to the cliché 'you're never too old to learn.' This speaks volumes to those who often feel 'too old' to start a new learning journey. Ryan had seen Lou's talents from the beginning and he was presented with many opportunities to find a way to express his love of music. He started with singing, playing the piano, and then to drumming. Noting Lou's interest in Rock n Roll, (and him singing the lyrics to "YMCA" by the Village People) Ryan saw how Lou kept coming back to the drum kit. The kit we had was a bit awkward for Lou and sensing his frustration Ryan was able to re-arrange the electric drum kit to accommodate Lou and alas a star was born!

Lou has private lessons with Ryan every week. He is often heard strategically drumming with rhythm and is always striving to be like his idol The Catman" Peter Criss from the infamous rock band Kiss. What's next for Lou? He wants to continue with his lessons, and one day be able to captivate an audience- the same way he is captivated when he sees a performance.

For more on Lou Balough, visit In the Loop Media on Facebook.

And for more information on Community Living Oakville's Music program contact Julie Bisbicos at 905-844-0146 x 274 [julie.bisbicos@oakcl.org](mailto:julie.bisbicos@oakcl.org)



*Supporting Full Community Participation for People with Developmental Disabilities!*

### A CAREER IN DEVELOPMENTAL SERVICES

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For Employment, Volunteer and Student Placement Opportunities contact Human Resources at 905-844-0146 ext 233

[www.oakcl.org](http://www.oakcl.org)



# CHARITY GOLF TOURNAMENT



On June 5th, we hosted our 33rd Annual Charity Golf Tournament at Royal Ontario Golf Club. Over 200 golfers joined us on the course for the 9-Hole Ladies Tournament in the morning, and the 18-hole Mixed Tournament in the afternoon. Although the sun was hiding, the rain stayed away and our golfers enjoyed the beautiful course and great meals.

Throughout the day, we heard from Brenda DiFonzo (Chair), Liz Thomson, and Shelley Delorey who spoke about the positive impact that Community Living Oakville has on their families, and their adult children. Erin Bursey and Joel Layne also shared with us an opportunity that they are enjoying. We want to thank Brenda, Liz, Shelley and Brian along with Erin and Joel for sharing their heartfelt messages with our guests!

We are grateful for the outstanding support we received from our generous sponsors. Our heartfelt thanks goes out to the following supporters:

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Peter Hnatiw  
The DiFonzo Family  
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We want to thank our amazing volunteers who made the event seamless – from registration to the end of day clean up – your hard work helped the day become such a success. This event would not be possible without the effort and support of the Golf Committee, Brenda DiFonzo, Marlyne Van Exan, Shelley and Nicole Delorey, and Monique Midgley, as well as our supportive Board of Directors.

Thank you to Molson's and Peter Hnatiw for the generous Live Auction donation of 20 tickets to see the Maple Leafs in Molson's private suite! A special thank you to our volunteer auctioneer Andre Durie for keeping the energy and bidding going until we reached our goal.

Thank you to our golfers, donors, and sponsors as we once again surpassed our goal of \$50,000. With your help, the funds raised will enable us to offer many recreational and educational opportunities to the people we support.

We cannot thank you enough for the profound difference you have made. We hope to see you again next year.

If you have any questions about sponsorship, registration, volunteering or to get on the email list for the golf tournament, please contact Tina Eidukaitis via email at [tina.eidukaitis@oakcl.org](mailto:tina.eidukaitis@oakcl.org).



# YEARS OF SERVICE

On June 19, 2018 we were pleased to honour many of our employees for their dedicated years of service.

The event took place at Joshua Creek Heritage Art Center where we celebrated individual contributions to our success, shared memories and enjoyed the evening in style.

At Community Living Oakville we recognize that the employees are our greatest asset and we are delighted to honor their dedicated service and commitment to this organization. It is our employees who uphold our values, mission and principles, demonstrate our vision of working for a better future for people who have a developmental disability, and make us the passionate organization we are today.

Congratulations on reaching this important service milestone.



## 5 YEARS

*Janet Lorimer  
Irene Cvetkovski-Dukic  
Marni Chhon  
Rose Agbor  
Rachel Parry  
Heather Lobban*

*Melissa Maclean  
Esther Aikins  
Rhonda Wright  
Cherie Gravelle  
Agnes Kamara  
Stephanie Michie*

*Yun Xu  
Kadeian Thompson  
Pauline Lemon  
Patrick Wilson*

## 10 YEARS

*Mark Vincent  
Bushra Manj  
Trudy Honour  
Dana Brennand  
Mike Coleman  
Lucy Oshodin*

*Lolita Cabiles  
Maureen Reid  
Lance McNeil  
Therese Woodrow  
Abby Johnson  
Shanelle Bynoe*

*Mike Kelloway  
Kingsley Ubani  
Kendra O'Neill  
Stacy Johnson*

## 15 YEARS

*Melany Moro  
Helen Sinai*

*Maria Isac*

## 20 YEARS

*Glennis Ellis  
Terry McKnight*

*Jane Tynan Byrd*

## 25 YEARS

*Leslie Hendriks  
Tony Garcia*

*Wendy Charron  
Tracey Morrow*

*Andrew Schoenhardt*

## 30 YEARS

*Anna Herod*

*Linda Mott*

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