

Community Living Oakville



Gold Tournament 2017

“Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world” -Desmond Tutu

The kindness that the community showed in support of Community Living Oakville’s Annual Golf Tournament was overwhelming, and led to the most successful tournament yet! Mother Nature was in a good mood and shared her sunny skies for the two tournaments – a nine hole shotgun in the morning for ladies only and a mixed 18 hole round in the afternoon. The tournaments were held at the amazing Royal Ontario Golf Course in Milton, ON. This course offers challenging holes, service that is second to none and a spectacular outdoor patio that overlooks the greens.

Almost 250 people played a round of golf, followed by a lovely meal in the clubhouse, and some fabulous auction prizes. Both Katherine Thomson and Natasha Sidhu shared stories of the impact that the support from Community Living Oakville has had on their lives. Their words were heartfelt and helped the guests to truly understand the difference that the

agency can make in someone’s life. Many of our previous sponsors lent their support once again and we are incredibly grateful. A huge thanks goes out to:

- Ace Sponsors: Skyway Canada, Mars Petcare, Godin Productions
- Eagle Sponsors: Match Marketing Group, Metropolis, Cheney Windows and Doors, The Petrus Fund
- Birdie Sponsors: Mercedes of Oakville, Abbey Animal Hospital, Lockwood Kia, The Whelan Family
- Hole/ Wine Sponsors: Oakville Sight and Sound, The Thomson Family, SmartMeds, Brukar Inc., Allworth and Associates, O’Connor MacLeod Hanna LLP, Willow Landscaping, Girard Inc., Great Aunt Claire, Beayni Group, Robertson Eadie and Associates Ltd., Clinton Jr. & Christopher Justice, Daemar, Cowan Insurance Group, The Sutton Family, The DiFonzo Family, Canadian

Hospital Specialties, Budd’s, DHR International, Lun Labenski, Greenrock Capital Partners, The Telfer Family, Investors Group and Merritt Insurance

The hard work of our volunteers ensured a seamless process throughout the day, from registration to the auction to clean up – they made it seem so easy. Thanks to our golfers, donors, contributors and sponsors who helped us surpass our goal of \$50,000 once again. Thanks to all of you, there are two new vehicles in the agency that provide more opportunities for people to participate more frequently in the community, doing the activities that interest them. We hope to see you again next year.

If you would like information on how to sponsor, register or volunteer for the golf tournament, please contact Amber Hughes via email at amber.hughes@oakcl.org.



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WINTER 2017

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MICHAEL McCARNEY
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A MESSAGE FROM JANET



Welcome to our summer/fall edition of Happenings. We hope you enjoy reading about what is happening at Community Living Oakville. People are happy to share some stories about the things they have accomplished and enjoyed.

In April 2017, we embarked on our new three year Strategic Plan, which was developed through twelve stakeholder sessions to gather input and explore the current priorities, challenges and opportunities for Community Living Oakville. We continue work on four main areas, Programs and Services, People (employees), Infrastructure (Housing and Transportation), and Community and Outreach. This plan identifies a number of initiatives and steps to assist us in achieving meaningful goals for the people we serve and care about.

The wrap up of our 2014 – 2017 Strategic Plan spoke to the many advancements made in all of the goal areas. We were extremely fortunate to have received well over five hundred thousand dollars in grant funding which made possible some of the new initiatives. As we work on our current Strategic Plan, we will again pursue all funding alternatives to access resources that will support and further our goals.

Our sector faces many challenges. In light of the calculated minimal cost of fifty six million dollars per year for the agencies in Ontario, a submission was made to government regarding the financial impact of Bill 148. While, it is agreed that the goals of the Act are admirable, non-profit agencies are not in a position to absorb the costs in the absence of base funding increases.

Our staff and Board remain committed to listening to families and people we support and finding solutions and resources to facilitate quality services, community engagement, and meaningful lives.

We hope you have had a wonderful summer, and hope to see you at our Annual General Meeting on September 25, 2017.

Yours very truly,

A handwritten signature in black ink, appearing to read 'Janet Lorimer'. The signature is fluid and cursive.

Janet Lorimer
Executive Director

Best Pack, incorporated in 1984, is owned and operated by Community Living Oakville. Best Pack is a provider of customized, flexible, high quality co-packing services with a reputation for completing projects on time and on budget. The labour force and processes are ideally suited to jobs that require significant attention to detail and a “hands-on” approach. In a recent survey, 100% of respondents said they would recommend Best Pack. Best Pack operates out of a 30,000 square foot facility fully equipped and staffed to handle the co-packaging needs of small businesses and large corporations.

Notable customers are:

- Ford Motor Company
- Newell Rubbermaid
- Sanford
- Canadian Hospital Specialties
- Hills International Pet Food and many more

Best Pack is more than a co-packaging service provider. It is a social enterprise that supports Community Living Oakville's effort to provide quality services and support to people who have a developmental disability as well as to provide employment opportunities for people so they can live active, rewarding and fulfilling lives.

Kitting Assembly

The many capable hands at Best Pack can make short work on large collation runs and can also assist with sourcing of the appropriate packaging.

UPC Generation and Application

Best Pack supports all UPC bar code types, and uses a triple check system to ensure checks as labels are printed, and checks again at time of application.

Design and Printing

Whether it's a brochure, poster, banner, display, POP or a label, Best Pack can also provide full services and fulfillment.

“When companies do business with Best Pack, they give back to the community.”

“Best Pack takes care of your co-packaging needs... you make a difference in people's life.”

“To have a co-packer that you can rely on and you do not have to hand hold them ... big advantage ... huge advantage”

CO-PACKING SERVICES

Shrink Wrapping

Shrink wrapping can be performed manually or automatically depending on the size and shape of the item. Shrink bands can also be used to hold two or more items together without shrinking the complete product.

Blister Forming and Sealing

Blisters are used in packaging for a wide variety of products: cosmetics, batteries, electronic devices, and hardware and plumbing items. Blisters can be clamshell or open style and sealed to a card.

Point of Purchase Displays

Displays are constructed in all shapes and sizes of high quality printed corrugate and are assembled and filled to customer specifications.

Bagging and Heat Sealing

We offer horizontal and vertical high quality sealing for a wide range of specialty needs. We provide outstanding performance of any size and type bags.



Please call Ivan Bogdanovski at 905-825-0611 ext. 258 for a free consultation.

We are here to help!!!

YOU CAN MAKE A DIFFERENCE!

Best Pack

RAISE YOUR VOICE COUNCIL

Since the Spring, the Raise Your Voice Council has continued to enhance and organize its Schedule of Events. Every event has been very popular and has brought together people who attend a wide range of adventures. This has enabled new and continued friendships.

In June a group enjoyed dinner at Shakers Smokehouse followed by "Independence Day 2" at Film. Ca. September's activity was more active and involved five teams competing at glow in the dark golf at Putting Edge. Also in September, Council members cheered on the United Way Bus Pull and helped at Community Living Oakville's Annual Picnic. At the picnic the Council provided and served bags of popcorn donated by Kernels.

The very successful Halloween Boo Bash Party was held in October. Over 200 people entered into the spirit of Halloween by dressing in spooky costumes and dancing to the music of Sound

Obsession DJ's. The Photo Booth was a very popular way to capture the fun. Entries to the Jack O Lantern competition were very creative and featured some amazing designs.

The Council members are very excited to announce that discussions with the other self-advocate Councils of Community Living Burlington, Community Living North Halton and Central West Specialised Developmental Services have led to the creation of a Halton wide self-advocate group, COVE – Community Of Voices Everywhere. COVE's first undertaking will be a conference to be held on Saturday February 11, 2017, so save the date. This conference, Heart Of The Team, will revolve around the importance of team dynamics with a valentine twist! Look out for more details being circulated on how to register for this informative day. Also check out the COVE Facebook page www.facebook.com/COVEHalton/.

The Raise Your Voice Council wants to thank all the wonderful volunteers including parents, staff and students that have made these events very successful. Special mention goes to the members of the Spicer Family, who have continuously offered assistance and created amazing prize baskets for the many competitions and door prizes.

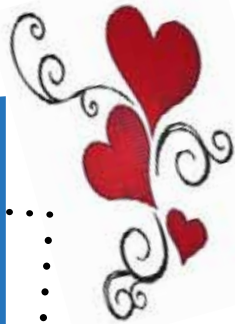
June 2016 was the start of the third and last year of the Trillium Grant funding for the Raise Your Voice Council. This grant has made all these wonderful opportunities possible. Not only have friendships been forged and different activities tried out, but much fun has been had along the way.

While you are surfing the net don't forget to like the Raise Your Voice Council Facebook page www.facebook.com/raiseyourvoicecouncil/





**EXTRA! EXTRA!
READ ALL ABOUT IT!**



Presents...

Door Prizes

Guest Speaker

Valentine's Dance



Dinner Included

C.O.V.E - The Self Advocate Groups of Halton, have come together to organize a joint conference centered around Team Dynamics!

How does it work?
Pick 2 of the following 4 Workshops you would like to participate in

The Heart Beats I ♥ Games	The Voice Committee Pickin' Up the Pieces
Dream Weavers The Dream Team	Raise Your Voice Council Stop the Bullying!

After the workshops join us for Dinner & Guest Speaker! Then dance the night away at the Valentine's Dance! Don't forget about the Photo Booth!

Tickets Go On Sale January 9th 2017

**Date: Saturday February 11th 2017
Time: 12:30pm-10:00pm
Location: Oakville - TBA**

Purchase your ticket from the following agencies:



Or online at: <https://www.eventbrite.ca/o/cove-of-halton-12286399951>

<https://www.facebook.com/COVEHalton>

ANNUAL CHRISTMAS DANCE

December 9, 2016

You could feel the excitement build as the Christmas Dance week arrived. Talk of limo rides, new outfits, hair and nail appointments and who was going with who could be heard all through the halls. The night of the dance the snow held off and with over 300 people attending, it was our largest dance yet!

A traditional turkey dinner was served family style- no more waiting in long buffet lines. The dance floor was

crowded all night and when Santa took the floor and danced to the YMCA everyone joined in. The Raise Your Voice Council raffled off a decorated wreath and handed out door prizes to lucky winners.

It was wonderful to see so many people attending including friends, families and staff at the dance. The evening was a success due to the contributions of many student and staff volunteers who

were kept very busy serving, cleaning and making sure everyone went home with the same coat they arrived in, no small feat! One of the student volunteers wrote a summary of her experience and said she learned new skills, made new friends and is already looking forward to volunteering at the Valentine's Dance.

Thank you to all our volunteers!



Ontario Trillium Foundation

We are excited to announce that we were the recipients of a two year grant from the Ontario Trillium Foundation. This grant will allow Community Living Oakville to establish a Pre-Employment program that will assist people to overcome barriers to employment and become competitively employed in the community.

First photo Andrea Lee, Linda Ryan, Andrea Cohen Barrack, CEO of the Ontario Trillium Foundation and Alexandra Hoeck Murray.

Second photo Linda, The Honourable Eleanor McMahon Minister of Tourism, Culture and Sport, Alexandra and Andrea.



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HEATHER BAILLIE STORY

Long-time friends and roommates Cathy, Eda, Serena and Vanessa welcomed Heather Baillie into their home at Bridge Road in June. Although the four women had been living together for 20 plus years, once Heather arrived, it was like she too had been a part of their history. Heather's infectious smile and enthusiastic nature built instant friendships and connections with her new housemates and made her transition into both Community Living Oakville's day and residential services very successful. It takes courage to begin a new chapter in your life, and Heather has plenty of it.

Until she moved to Bridge Road, Heather had lived with her family for 47 years. Although moving is often a stressful time, Heather has handled it with grace and is embracing the new opportunities available to her. Since moving in, Heather's love for life has aided in her individual growth and opened up many doors to see and do some special things she hadn't previously experienced.

Since June, Heather has been to Niagara Falls where she took a trip on the Aerocar, went to the local museums and toured the area. Heather also went to downtown Toronto to see the musical "Matilda" and tour the Ripley's Aquarium. She has also travelled to African Lion Safari, Brantford Twin Valley Zoo, and Marineland – and that was just over the summer.

In September, Heather joined a baseball team and a bowling league, and is also a part of the Friendship Club. She is absolutely thrilled to be in the club with her new friends. Heather's positive outlook on life and strong desires for adventure continue to motivate her and drive her many accomplishments. We look forward to continuing to be a part of Heather's journey and to helping her achieve her goals. Welcome home Heather!



SENIORS FOR SENIORS

MAKING CONNECTIONS IN OUR COMMUNITY

Becoming a senior is part of life, and with aging there are barriers that may arise such as affordable housing, access to health care, isolation and access to community. Community Living Oakville's seniors can also face similar barriers. Stemming from our vision, mission and core values; encouraging full community participation and opportunities to allow people to live active, rewarding and fulfilling lives, seniors for seniors was established.

This project was made possible thanks to the generous support and financial contribution of the Community Fund at the Oakville Community Foundation, a registered charitable public foundation serving the Oakville Community.

Community Living Oakville partnered with St. Luke's Anglican Church and has connected seniors with developmental disabilities with seniors in the community providing the opportunity to meet, socialize and develop friendships. Members from St. Luke's Parish and Palermo Village Retirement Residence have joined us on monthly events throughout Oakville including High Tea, Pottery Design, Drumming, Apple Picking & Lunch, and our latest Lunch Theater event- Elvis's Rock N Roll for the Christmas Soul held at Carmen's Banquet Center. Twenty seniors put on their dance shoes and headed to Hamilton for a 4 course lunch and theater performance.

Everyone had a wonderful time, and enjoyed the day with over 300 other seniors from all around.

Many people at Community Living Oakville have purchased memberships through the town of Oakville's Seniors Services programs providing them with access to community, social, recreational, health and wellness activities.

Seniors for Seniors has so far proven to be successful as people develop confidence, create social networks and exchange contact information while being part of the senior community in Oakville.

Stay tuned for exciting events to come in the New Year!





FOR KELLY IT'S A HOME AWAY FROM HOME

Ask Kelly Hoyle how it feels to be a part of the Fifties Diner team and he will tell you "We are a family." This is a sentiment shared by Ellie and Evangelo Tsaras who have welcomed Kelly and have made him an integral part of the Fifties team. Evangelo appreciates Kelly's dedication, work ethic and genuine enthusiasm for his job.

Kelly works as a dishwasher in the local eatery but is always open to any task that needs to be done. He shows up early for each shift and eats his lunch before starting work. He also frequents the diner with his friends when he is not on duty.

Not long ago Kelly had to undergo a surgery that kept him out of the workplace for a year. Kelly felt discouraged and unmotivated. Recognizing that employment was something that was missing in his life his support team

advocated for him to find a job. Kelly met with a Job Placement Coordinator from the Supported Employment Team who immediately began to work with Kelly to help him re-enter the world of work. The position at Fifties Diner became available soon after. Kelly attended an interview and was hired on the spot.

Working at Fifties Diner has been life changing for Kelly. The people in his life have seen a change in his outlook and confidence. There is a spring in his step and he looks forward to going to work every shift. Kelly will tell anyone who asks that work and independence are the keys to a happy life.

If you would like more information about support in finding a job please contact the Supported Employment Team at 905-844-0146 Ext. 251.

We are here to help!



POOL SHARKS



If you have a good pool cue, a fluid stroke and a precise aim all you need is a pool table instead of a classic dining room and you are in the game.

A few years ago, after Larry and his roommate Thien grew tired of their traditional dining room table, Larry's parents helped him replace it with a very fancy pool table for his apartment.

Larry and his father spent hours perfecting the game and he has been hooked ever since. Larry and Thien transformed their living room into a visually-appealing and inviting area, where they spend quality time with their family and friends doing something they truly love. "Since we decided to turn

our dining room into a games room we haven't stop entertaining" says Larry.

Thien, a great cook, proudly features many of his tried and tested dishes at gatherings in the comfort of their cozy and very welcoming home.

"Sharing a home with an amazing friend and getting to do what you truly love is a blessing" says Thien with a big grin on his face.

Their happiness is a testament to the hard work and dedication of their committed support team who work very hard to ensure that both men get to do what they love.

PLEASE DON'T STOP THE MUSIC

"Ah, music," he said, wiping his eyes. "A magic beyond all we do here!"

J.K. Rowling, Harry Potter and the Sorcerer's Stone

November 26, 2016 Community Living Oakville with Massive Tank Studios held their 5th concert at the Pipes and Taps Pub here in Oakville.

There wasn't an empty seat in the house, with amazing performances, and great food, everyone rocked out to hits like Eye of the Tiger, Smoke on the Water and an original song performed by the Community Living Oakville's rep band.

Sara Young and Heather Grant started off the afternoon with amazing solo performances. They both have been working tirelessly on the guitar and it was evident in their performances.

With Milan pounding the drums, Katherine & Erin on guitar they "took care of business" performing to a packed

house. Up next was Kyle on bass, Annie on vocals and Lou on drums performing Fruit Basket's "I want it that way". The song ended with deafening cheers!

Survivor's classic song- Eye of the Tiger was brought to life by Jamie, Joel, Katherine and Michel while Erin, Kam & Josh lit up the pub with Smoke on the Water by Deep Purple.

Last, but not least, the Community Living Oakville's rep band ended the show performing their first original song "Time to Rock and Roll". Matteo slammed out the vocals, Joel D whaled on the guitar, Chris hit the keyboard and Joel L smashed the skins!!

The energy at the pub was outstanding while families, friends and strangers sat

and watched the show erupting in cheers and standing ovations.

With this being our 5th performance, it is safe to say the music program is here to stay. Members have gained confidence, are proud to be part of a team and work tirelessly to put on a great show. A new season will be starting up near the end of January, and a few new pilot projects in the works for people who are interested in music, but maybe not the rock star lifestyle that comes with it.

Lots happening in 2017 so stay tuned...

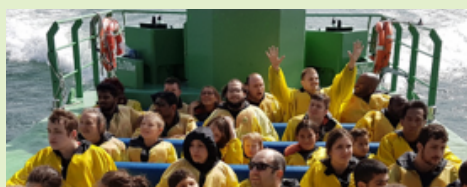
If you are interested in the music program or have questions please contact Kerry MacMullin kerry.macmullin@oakcl.org or 905-844-0146 ext. 274 for more information.



MONTREAL ADVENTURE

Michael, Zach, Jason, Tim & Harrison were looking for an adventure this summer so they set out to explore Montreal. This trip could have posed some challenges but with amazing support from the staff everyone was able to enjoy five remarkable days in another province. After an 8 hour drive Michael, Zach, Jason, Tim & Harrison settled in to a midtown hotel central to all of the activities they would be participating in. The itinerary was full and offered each person an opportunity to participate in something they love. Over the five days they visited the Les Tam-

Tams music festival, Biodome Montreal, explored Parc Olympique, walked the Public Art Trail at Parc Jean Drapeau, toured the Notre-Dame Basilica, hiked the Summit Woods trail, explored Old Port Montreal with a tour of the Clock Tower, rode Quadricycles and went jet boating on the Lachine Rapids in the St Lawrence River. It was a fun filled trip with many new experiences crossed off the bucket list.



BLUE MOUNTAIN HERE WE COME

Ryan, Scott, Julie, Thorne and Harrison were looking for a place to enjoy some rest and relaxation and after some discussion they settled on Blue Mountain.

A Sprawling 10 bed house complete with a hot tub and a fire pit in the backyard for roasting marshmallows was a location that would satisfy everyone's desires. The fun got started with a trip into the Village to explore what it had to offer. After dinner, Harrison and Julie enjoyed some Hydrotherapy at Le Scandinave Spa while Thorne, Ryan and Scott enjoyed a movie under the stars hosted in the center of the Village.

Day two included riding the open air Gondola to the top of the Mountain to take in the incredible vistas, walking tour of the Village, riding the Mountain roller coaster, swimming at Tyrolean's private beach and finishing off the day with a BBQ and fire back at the resort. Day three got off to a well-deserved lazy start with breakfast at the resort followed by some adrenaline fueled go-karting before grabbing lunch at a local eatery and beginning the trek back home. Everyone came home with stories to tell and were excited to talk about where they would go next.



A CAREER IN DEVELOPMENTAL SERVICES

When you choose a career in Developmental Services, you can help people experience the joy of being valued and respected members of their community. You can help people pursue their dreams and lead full lives with endless possibilities and in doing so, you can realize and experience a meaningful, fulfilling work life.

For Employment, Volunteer and Student Placement Opportunities contact Human Resources at 905-844-0146 ext 233
www.oakcl.org

Community Living
Oakville

Supporting Full Community Participation
for People with Developmental Disabilities!

Happenings
Winter 2017

SNEAK PEAK - DAY SERVICES

THE LOVE OF MUSIC • SELF DEFENCE COURSE • ART FROM THE HEART • BLAIN HARRIS

The love of music

Every Tuesday afternoon you can find Serena at the Academy of Music taking private piano lessons with her teacher Susan. Serena said she is learning how to place her fingers on the piano keys. They practice different songs from Serena's music book. Serena said her favourite part is listening to songs on the radio and then trying to play them. Most days you can hear Serena practicing piano in the Community Living Oakville's music room and she sounds absolutely amazing.

Self Defense Course - YMCA

Kelly, Andrea, Serena, Melissa and Robin had recently signed up for a

self-defense course at the YMCA where they had the opportunity to practice techniques on how to protect themselves in various situations. The program is a great workout, fun, interactive and a confidence booster led by a 7th degree Black Belt Chief Instructor Chimo Ryu Jiu-Jitsu. The women are loving the course.

Art from the heart

Cheryl has been taking art lessons at the Oakville Seniors Citizens Recreation Center.

She is learning to use various mediums while expressing her creativity through different art forms. She goes for the

enjoyment and to get inspired. The course is for beginners and experienced alike.

Blain Harris

Blain has been going to Sir John Colborne Seniors Recreation Center to try his skills at wood working. This is a hands on course to get familiar with the tools, techniques and methods of wood carving. He is currently working on carving a bird but aspires to learn to carve many other items that he can eventually sell at shows. He has met new people and hopes to develop new friendships.



Inspire AccessAbility Showcase is an opportunity for you to showcase your services and supports for individuals with disabilities.

For 2017, we have been Inspired to do things differently!

More vendor benefits, guest speaker and best of all the opportunity to have an online presence in our interactive Online Showcase Directory.

Stay tuned for registration information and remember to mark your calendars.

** Interactive Showcase Directory Coming Soon*



INSPIRE

ACCESSABILITYSHOWCASE

SAVE THE DATE

APRIL 22, 2017

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