

HAPPENINGS

Community Living

Oakville



Celebrating 60 Years

CONGRATULATIONS CODY!

Cody is humble and private but rightly, proud of his graduation which will undoubtedly sustain him on his journey through life, as he looks expectantly to the future. The moment was shared by people he carefully chose.

There is something buoyant and promising about any graduation. Out of hundreds of students, Cody's principal remembered him well for his steadfast belief that one should speak one's mind - and do this often. Cody advocates for 'keeping it real' and 'telling it like it is.' He did not and still does not polish his opinion and this custom, combined with keen insight and superior analytic ability proves to be a potent combination in a young person. But on the 26th of June 2014 Cody demonstrated to his principal and others that he was not just talk.

It was an uplifting moment when we watched Cody walk confidently across the podium at his high school graduation - delighted - proud of his achievement. Like every other graduate that night, through perseverance, hard work and personal effort, he grasped the important milestone.

Cody is humble and private but rightly, proud of his graduation which will undoubtedly sustain him on his journey through life, as he looks expectantly to the future. The moment was shared by people he

carefully chose - including Support Workers Raymond, Leisa and her daughters, and of course his dad sealed the evening.

High school years are never easy and reflecting on that time and seeing Cody have closure with his graduation, was gratifying.

Our agency and many in Ontario started when parents decided to educate their children in their community - at home. Years later beyond the lonely uncertain fight for inclusive education, we experience inclusive graduation. The road still meanders but instead of the dim uncertainty, there is light breaking on our path ahead.

Watching the natural inclusive procession in the auditorium felt like we accomplished something much greater than we set out to - together. Cody's accomplishment reaffirmed that, much as everyone needs the opportunity to be educated and share the experience of learning together - it is the community collective who needs it most. That spirit made the evening magical, spectacular and flash by in a moment.



Cody & Leisa

Well done Cody - we wish you success on the next segment of your journey - finding a job you enjoy and furthering your learning.

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A MESSAGE FROM JANET

There is nothing more important in our work than assisting people to live healthy, happy, and interesting lives, and to that end, we are committed to working with our funders, community, and people who use our services to continually build new opportunities and experiences.

We are pleased to share some of the exciting things that have happened over recent months in our winter edition of Happenings. People have vacation stories from a summer that everyone seems to agree, flew by. When September arrived, many had the pleasure of attending the 4th Annual All Star Awards Gala. It was a beautiful evening complete with the piping in of dignitaries, wonderful food, and ballroom dancers. It was a night that demonstrated the history, caring, and friendship that exists between people who use our services. Thank you to James Montague for hosting the opportunity to celebrate each person's talents and gifts in such a lovely way. Congratulations to every award winner!

This summer we were thrilled to have received a Trillium grant to assist the newly named "Raise Your Voice Council", formerly the "Self Advocates Group". A very enthusiastic group is working to advocate and create social inclusion through educational and recreational opportunities for all people to enjoy. We hope that many new people who might be waiting for services will come out, meet new friends, and take part in some of the interesting opportunities the group is discussing, from dance lessons to learning how to use social media to get their messages out, to meeting with politicians, or just enjoy dinner and music nights. They will be sending a survey out to gather everyone's ideas

We continue work on other areas of our Strategic Plan. We are nearing the end of a significant IT upgrade project, have implemented a range of staff training

opportunities for which we thankfully acknowledge the Ministry of Community and Social Services for funding. The building and diversification of Best Pack is a priority, and the Senior's project has been an ongoing success.

We are pleased that funding has started to be approved for people who have been waiting for Passport funding, and hope that new government investments over the next three years will make a difference for many who are waiting for all types of service.

There is nothing more important in our work than assisting people to live healthy, happy, and interesting lives, and to that end, we are committed to working with our funders, community, and people who use our services to continually build new opportunities and experiences.

We wish you a wonderful holiday season, and the very best in 2015.



WELL DONE, KIM!

Kim is enjoying a long and happy career at McDonald's Abbey restaurant

Into her second decade at the same location, she takes pride in her commitment to the cleanliness of the store's lot and lobby. This is a monumental task to say the least, as Kim needs to deal with the daily influx of the regular customers as well as the students of two area secondary schools. This can be a never ending job, as one might imagine.

But Kim has become adept at coping with the vast number of diners, and always completes all of her job duties, independent of supervision.

Kim is a competent worker who is seen as a valued member of the staff. She is well-liked by her co-workers and managers, who appreciate her efforts to maintain a pleasant and desirable eating atmosphere.

Well done, Kim!



FISHING TRIP

For the seventh year in a row, Mike McCron, Larry Krough, Joe Whittemore, Hans Schonrock and Ben Rampen, along with Andrew Schoenhardt, headed to Lion's Head on Georgian Bay from July 14 until July 16 for a fishing excursion. They caught four fish in total on this particular trip. Their captain, Tony, always shows them a good time. The men find him funny and he tells a good story. They also went hiking on the Bruce Trail and Larry and Hans went swimming in Georgian Bay, which was a little chilly.

This is an annual event that they all look forward to and there is only one rule: "What happens on the fishing trip stays on the fishing trip".



CAFÉ AT WYECROFT

Come one, come all!
Café is served every Wednesday in the Cafeteria at Wycroft. Everyone is welcome to the \$5 meal that includes a drink, main course and a dessert. Groups of six people engage in the planning process, create a shopping list and prepare a meal. The group, which rotates every eight weeks, works together to run a kitchen.



Throughout the eight weeks most have mastered the preparation, cooking and service aspects of a kitchen. All of the people involved take great pride in what they are doing. Some of our popular dishes to date include; chili, soups, biscuits, chicken dishes, stew, stir fries, toad in the hole and casseroles.

THE ART ROOM

Laughter, chatter and bustling activity can all be heard coming from the Art and Craft Room. This room is not only a place to get your creative juices flowing, but a great social center where people who normally wouldn't spend time together can gather. While great conversations are happening, simple materials are becoming flowers, fish and other beautiful objects. Paper Mache has been crafted into vases ready to be painted and displayed with pride. The Art and Craft Room has become one of the most sought after activity rooms at Wycroft.



SENIORS FOR SENIORS

The past few months have been filled with excitement! Each month, seniors from Community Living Oakville have joined other seniors in the community to partake in various events.

The most recent events have included Karaoke at The Village of Tansley Woods and square dancing at Sunrise Senior Living. Whether it was singing or dancing, everyone who participated had a smile on their face and was able to show off their moves.

The holiday spirit will build through the month of December as everyone gets ready for the biggest event yet.... the Donnie and Marie concert! There are 30 people looking forward to attending this performance to help sing along to some of their favourite tunes. Each of these events, allow seniors to express themselves through interactive activities and further develop friendships. Seniors 4 Seniors have also been documenting all of their experiences via film, thanks

to Robert Picard and Peter Sokocz. Stay tuned for the upcoming video recapping the year of events in spring 2015!



NEW AND EXCITING INITIATIVES

Community Living Oakville entered a partnership with three other Halton agencies to work together to enhance and expand local service delivery options through the utilization of social media.

We would like to take this opportunity to thank the Ministry of Community and Social Services for a recent approval of two major projects related to employment and social media.

The employment project called 'Success and Beyond' where Community Living Oakville partnered with two other Halton agencies turned out to be a great success. The agencies demonstrated commitment, collaboration and exceptional partnership while promoting social inclusion and greater employment/ volunteer opportunities for the people in our services.

Five sessions were organized by our agency during which we focused on increasing and sustaining employment outcomes, as well as building job development capacity to grow and enhance opportunities for people who desire to work. Highly attended Halton Region Developmental Services Community Collaboration Symposium highlighted the preceding events. More than 15 community services in the Region delivering employment

gathered to emphasize their products and services, discuss strengths and challenges and to conclude next steps for future collaboration.

During the month of November we received assistance from the Ministry of Community and Social Services with the implementation of another great initiative called "Techstop". Community Living Oakville entered a partnership with three other Halton agencies to work together to enhance and expand local service delivery options through the utilization of social media. Members of the 'Raise Your Voice Council' will lead the project by teaching their peers the importance of the utilization of social media. They will travel to organizations across the Central Region to share information and resources, to work on various projects and to collaboratively lobby for what is important to them. The implementation of the project will begin during early December.

So please make sure that you are 'liking' us on Facebook, following us on Twitter and connecting with us on other social media sites for further updates.

RAISE YOUR VOICE COUNCIL

The Raise Your Voice Council is a group of people that are working to advocate and create social inclusion through educational and recreational opportunities for everyone to enjoy. Raise Your Voice Council pictured from left to right are: Joel Layne, Melissa Reid, Kelly Pitcher, Katherine Thomson, Michel Marinier, Randy Bates and Hans Schonrock.



PRE-EMPLOYMENT PROGRAM (PREP)

This September marked the beginning of a new pre-employment class! A class designed to prepare people who are interested in developing their employability skills and gain work experience. Participants had the opportunity to complete in class modules and learn about employer expectations, the world of work, employment scenarios, problem solving at work, interview skills, resume writing, transit training, as well as many other valuable skills. In addition, PREP has also partnered with businesses in the Oakville community such as Moen and Plato's Closet, allowing people to work as trainees for a number of weeks and apply their employment skills further.

BRIAN SUTTON

Brian has an ingenious formula for retiring comfortably. He covets nothing (except a bit of conversation). His natural ability to savour simple pleasures means Brian has everything he needs and projects contentment.

Brian is a quiet, deep thinking gentleman who cherishes the arts. Observing Brian quietly nurture a cup of tea or coffee is a treat. Time stands still. Watching Brian tend to a cup of coffee is inspiring - clearly he understands the inner meaning of the words of William Blake:

“ *To see a World in a Grain of Sand
And a Heaven in a Wild Flower,
Hold Infinity in the palm of your hand
And Eternity in an hour.* ”

Other than a coffee which Brian treats like an art connoisseur delights an original Picasso or a Lowry – Brian asks for little. Each sip is deliberate. Magical. The Japanese tea ceremony fades in comparison to Brian’s coffee ceremony.

He never complains, even when we believe he is experiencing pain or discomfort. It is with the same forethought of ‘getting into Brian’s thoughts’ we reached to envision what he may like to achieve in life. Or more applicably, put into it. Brian’s support team touched on the idea of ‘giving.’ After careful deliberation we presented the opportunity to contribute to the United Way of Oakville, to Brian. With this contribution Brian inverted thinking about the way things are or should be – joining

his support staff and citizens of the Town as an equal. Striking out at exclusion and championing inclusion – for everyone. Brian has an ingenious formula for retiring comfortably. He covets nothing (except a bit of conversation). His natural ability to savour simple pleasures means Brian has everything he needs and projects contentment.

Brian is not selfish and when thinking long and hard and deeply about what he would like, we realized the opportunity of giving back to the community – a place Brian loves – through the United Way of Oakville. The gesture instantly transformed Brian from consumer to benefactor. A leader who will undoubtedly start a trend peers may follow. We do not need research to validate our claim

that Brian will be one of the first amongst people we support, to support the United Way of Oakville or other charitable cause whose mission fits with an area where they showed a passion To the United Way of Oakville – and his community Brian gives hope - a homegrown message and inspiration that a team of marketing professionals could not envision. But to those of us who know Brian, the donation fits his outlook, his demeanor and his character.



ARE YOU CONCERNED ABOUT PROTECTING YOUR ODSP PAYMENT?

Since May 1993, the Canada Revenue Agency (CRA) permits up to \$15,000 to be set into an EFA for the sole purpose of pre-funding eventual funeral arrangements. Contributions in the EFA earn interest. The interest earned is income tax deferred and is most likely tax exempt.

In the Province of Ontario regulations, the Ontario Disability Support Payment (ODSP) is a monthly payment, paid out to people who are found to be a “person with a disability” as defined under the Ontario Disability Support Program Act. A person with a disability is someone who has a substantial physical or mental impairment that is continuous or recurrent and is expected to last a year or more. The physical or mental impairment must directly result in a substantial restriction in the person’s ability to work, take care of his or her self, or take part in community life. Additionally, the Province of Ontario regulations state that the impairment(s), its’ duration, and the restriction(s) must also be verified by an approved health care professional.

Are you concerned about protecting this payment?

To qualify for Income support, the individual must be 18 years or older, live in Ontario and be in financial need. The province will review the family’s income; assets, housing costs and the size of the family unit to determine

financial eligibility.

Families in this situation are often also concerned about the final expenses for an individual receiving the ODSP. Fortunately in Ontario, setting up a prepaid funeral for a person receiving the ODSP, does not challenge their assets or reduce the amount of their monthly ODSP payment.

How does this work?

When a prepaid funeral plan is set up by an authorized person for an individual receiving the ODSP, these funds are placed into an Eligible Funeral Arrangement or EFA. Additionally, an EFA can only be set up by a licensed Funeral Home with a licensed Funeral Director.

Since May 1993, the Canada Revenue Agency (CRA) permits up to \$15,000 to be set into an EFA for the sole purpose of pre-funding eventual funeral arrangements. Contributions in the EFA earn interest. The interest earned is income tax deferred and is most likely tax exempt. Additionally, this accumulated income is not counted as a relevant contribution in the EFA.

However, if the pre-funded funeral plan is greater than \$15,000.00, then the interest earned on the amount over \$15,000.00 is taxable as income.

If you would like to learn more about how to set up your EFA and protect the ODSP payment, I welcome you to contact me **Kat Downey** at 905 717 9197 or 905 399 5341 or katdowney@lergacymatters.ca



DRIVE 4 UR COMMUNITY – ‘A LITTLE DRIVE THAT GOES A LONG WAY’

On October 18th, 2014 people supported through Community Living Oakville, their parents, student volunteers and staff joined forces with Ford Motor Company of Canada! Ford conducted a test-drive fundraising event to raise awareness and donations for Community Living Oakville’s day services department. Community members and friends came out to the Kennedy Ford dealership at 280 South Service Rd W, Oakville and had the opportunity to test drive new Ford vehicles. For every test-drive completed, Ford Motor Company of Canada donated \$20. It was a pleasure working alongside Ford’s very friendly and supportive staff. Through our joint efforts, we were able to raise a total of \$1000. This contribution is greatly appreciated and will enhance the development of meaningful day programs!



Drum club is a new music program created and facilitated by Hugo Troccoli.



It is a gathering of people who come together to create rhythm, music and movement. This involves beating a drum, singing, and dancing along to our favorite hit songs. Drum club launched in August 2014 and has turned into something that participants look forward to every week!

Drumming, singing, and dancing are great skills for people to learn. It’s a way in which we are able to express ourselves, can help ease any stress in our lives, and gives us a boost of confidence in our own abilities.

“The thing I like best about drum club is when I get to request my favorite songs and play along with them... and I feel great.” says Greg N.

Sammy R says “I like to dance and sing”.

“I like spending time with my friends there” says Shannon R.

Drumming, even a simple pattern, offers benefits to a huge range of people. Drumming is a universal language. It transcends gender, race, age, and nationality. Nearly every

culture on earth has some form of drumming tradition.

Expression through drumming, singing, and dancing has been a way for people to connect with their community and sharing something with the community.

This program runs for one hour, weekly at Community Living Oakville. No experience is necessary and instruments are provided!

CARING GOES A LONG WAY

The Oakville chapter of 100 Women Who Care recently extended a helping hand to Community Living Oakville.

100 Women Who Care is a group of women that commits to raising money for local charities in four hours over the course of a year. The women meet for just one hour, four times a year. At each meeting, selected members are given the opportunity to do a quick presentation on the charity of their choice. The organization that receives the most votes is then given \$100 by each member of the group. Community Living Oakville was fortunate enough to be the recipient of those funds at their last meeting. Dana Peever and Brenda DiFonzo presented Janet Lorimer,

Executive Director of Community Living Oakville, with a \$4600 cheque in late October.

This donation moves us closer to the dream of helping people operate a small café and catering service. People will have the opportunity to learn and use many skills such as safe food handling, food preparation, menu planning, using a cash register and nutrition/healthy eating.

Community Living Oakville is very grateful for the kindness and generosity of so many Women Who Care.



GILIAN RUTH ELLEN KNIGHT

Gillian Ruth Ellen Knight was supported through Supported Independent Living. She was a friend who brought incredible smiles to people's faces and her strength of character was clear to all who knew her. She was a generous and loving person who always had words of encouragement for anyone who needed them and was always ready to offer a hug, needed or not. She taught those around her some very important values which we tend to lose in the every day hustle and bustle of life: Take time to know those around you, you may be able to give something of yourself that others need; look at the water, it may soothe and calm the path you take; embrace the knowledge that others can give, it will empower you and, most of all, you may find treasures where you least expect it. Sadly, Gil suddenly passed on October 9, 2014, and is sorely missed.



DEVELOPMENTAL SERVICES ONTARIO

If you require services, please contact Developmental Services Ontario, Central West Region at 905 876-1373. They will provide you with information about community services and resources in Halton, and assist you in connecting with MCSS-funded developmental services and supports.

RANDOM ACTS OF KINDNESS DAY '2014'

Through donations from generous staff, people we support and their families, a delivery was made to Safetynet to assist in stocking their clothing bank at their charity office.

Each year, the Oakville Community Foundation partners with organizations and local citizens to spread kindness. This year, November 7th was dedicated as the day in which people carried out random acts of kindness throughout the Oakville community. Community Living Oakville formed two 'kindness crews' which comprised of both staff and people we support from STEPP and Innovations Centre. Individuals at STEPP decided to create small gift bags filled with tea

and an inspirational message. On Random Act of Kindness day, they handed these gifts out to people in the community at both the YMCA and Kerr St. ministries. STEPP participants were excited to see the smiles this Random Act of Kindness brought to others! Innovations Centre also wished to contribute by collecting and donating clothing to Safetynet Children & Youth Charities. Through donations from generous staff, people we support and their families, a delivery was made to Safetynet to

assist in stocking their clothing bank at their charity office. People we support also delivered cupcakes to the Halton Police and volunteered at the Life Enhancement Centre for the afternoon. In addition, Community Living Oakville was grateful to have a number of volunteers arranged by the Oakville Community Foundation, visit our office and partake in activities with the people we support throughout the day.



RAINY DAY PICNIC

The barbeques were lit, the drinks were chilling and the plates were waiting to be filled – and then the rain started to come down. Mother Nature, it seems, didn't get our Family Picnic notice. A quick venue change, from a lovely lakeside park to our comfortable cafeteria, saw our staff and volunteers

putting in an extra effort to get all of the supplies and our guests rerouted. Nobody complained as we rushed to advise people of the alternate location and reload hundreds of hamburger bun and chips back into the vehicles of the volunteers. Once we settled into our new venue, not even the rain could dampen our

spirit. People happily munched on their burgers while reconnecting with friends that they hadn't seen in a while. The days always seem a little less grey when you are spending them in the company of good friends. People are already looking forward to another great picnic, and sunnier skies, next year!

THE ALL STAR AWARDS NIGHT

The All Star Awards Night recognizes people in our community with an award for their accomplishments, gifts and talents. Each award acknowledges the importance of sharing skills and interests with friends and colleagues, and provides an opportunity to thank and congratulate each person for their contribution to the lives of others and our community.

James Montague, Event Planner, partnered with Community Living Oakville and Best Pack to expand the VIP experience.

The 2014 All Star Awards night draws tremendous interest in the Oakville community because of its unique ability to allow families, friends, and colleagues to share in the joy of formal recognition.

At this formal gala event, everyone is treated like the VIP that they are. Congratulations to all twenty-five Community Living Oakville 2014 award winners.



BUSINESS AFTER HOURS

Community Living Oakville and Best Pack brought businesses together this past July at the Business After Hours event, hosted within the Best Pack facility. Over 150 business owners gathered to learn about Best Pack and to take advantage of tremendous networking opportunities.

In association with the Oakville Chamber of Commerce, Best Pack presented its meaningful existence and the importance this type of business has on our community. The event was featured in the 'Oakville Beaver' as well as the 'Business Advocate' official publication of the Oakville Chamber of Commerce.



ALS ICE BUCKET CHALLENGE

The ALS Ice Bucket Challenge is an activity involving dumping a bucket of ice water on someone's head to promote awareness of Amyotrophic Lateral Sclerosis (ALS) and encourage donations to research.

During the summer, Community Living Newmarket/ Aurora District's employees challenged Community Living Oakville's employees to take the challenge. Janet Lorimer, Executive Director, and Irene Cvetkovski Dukic, Director of Services, at Community Living Oakville bravely accepted the challenge. It wasn't difficult to find the volunteers to pour the water over their heads. With a cheering section assembled, a few of the people we support happily fulfilled the requirements of the ice bucket challenge. Janet and Irene, although wet, enjoyed the day as much as everyone else did.

SUTTON SCHOLARSHIP PROGRAM

In the Spring edition of the newsletter, Mr. & Mrs. Sutton announced a scholarship opportunity for the children of staff members at Community Living Oakville. Mr. and Mrs. Sutton and the selection committee are pleased to announce that Stacey Finnegan, daughter

of Elena Navarro Finnegan, was the successful applicant and will be the first recipient of the Sutton Scholarship. Congratulations to Stacey for an outstanding application and best of luck in your continuing education.



THANK YOU TO OUR WONDERFUL DONORS

Community Living Oakville would like to acknowledge its donors for their contribution and support over the years. With your generosity the people supported through Community Living Oakville have been able to enjoy additional meaningful opportunities. Names of the donors will be featured in the spring publication of the newsletter, Happenings.

WORKING TOGETHER TO MAKE A DIFFERENCE



Community Living Oakville is proud to partner with the United Way to make a difference in our community.

Community Living Oakville and the United Way have teamed together, once again, to have some fun and raise some money for the community. This year, the United Way held a Pull 4 Change kick off challenge that saw companies from across Oakville competing against each other to pull a bus across the finish line in the fastest time. Community Living Oakville assembled a group of twenty

people, divided into two teams, to pull two buses. With the support of a huge cheering section, our teams used every muscle they could find to pull, heave and haul the weight of a city bus across the finish line. What an accomplishment! Everybody was so proud of the people that agreed to compete on our behalf! Thank you to the CLO Chargers and the CLO Conquerors.

We couldn't have asked for a nicer day in late October to host a charity barbeque in support of the United Way. Our directors donated their time to flip some burgers and we had a few volunteers plating up the cookies and serving the drinks to go with it. Thank you to everybody that came out and had a bite to eat in support of a great agency.



BOARD OF DIRECTORS

The Community Living Oakville Board of Directors currently has openings for new members. Anyone who wishes to discuss this opportunity should contact Janet Lorimer at 905 844-0146 ext 266, or janet.lorimer@oakcl.org to arrange a meeting with a Governance Committee Member.

NETWORKING WITH MEASURABLE RESULTS



Community Living Oakville in partnership with Connect Us Communications held a networking event on November 20, 2014. It was an awesome evening. Over 50 members of the community found ways to make profitable matches that night. The videographer, a Sheridan College student, created videos that will be posted to social media sites shortly. The strategy we used was simple - learn to listen to everyone you meet and think about who you might know that would benefit from knowing them. Then, with permission, you make the introduction and hold each person accountable to you to know that there has been follow up. Everyone in attendance received a "Connector List" along the Power Point. Resources were shared, relationships built and everyone that came to the event has now been introduced to Community Living Oakville.

CHRISTMAS DANCE

Close to 300 people kicked off the holiday season at Community Living Oakville's annual Christmas dance. This is, without a doubt, the party of the year. Guests arrived to complimentary corsages and hor d'oeuvres and had an opportunity to mingle with the other guests before dinner was served. The meal featured a traditional turkey dinner with all the trimmings. As enjoyable as the meal was, the real fun began when everyone hit the dance floor. Backed by a great music selection, people happily danced the night away. Many thanks go out to all the people that made the dance such a success, including the many student volunteers that came out in support of a great event. The gift of your time and effort is much appreciated.





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maria

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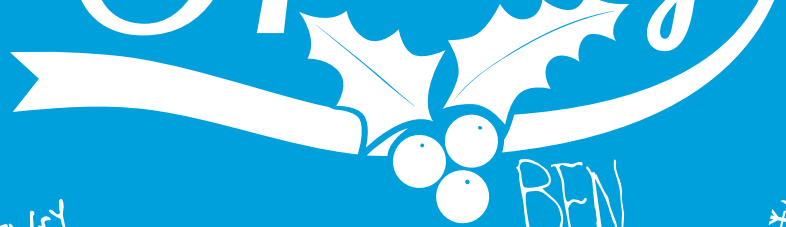
Nicole addley

Happy Holidays

HAROLD FETH

Allison roch

Mark RIVERS



BEN



Andrea Cervin-Lawry

Vince Chard

ELIZABETH

Justin Meyer

MIKE

MIKEX

Vanessa

Warren Wright

FILH DE

Tommy Cooper

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Joel Layne

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